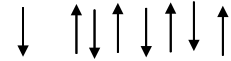


Major scale with a raised 4th

# Lydian DUDU

**Important:** Maintain Down-Up-Down-Up picking "flow" throughout...

smooth, relaxed wrist!



**A 1st FFcP** **Play 3 Xs**

**3 Bb 2nd FFcP** **Play 3 Xs** **keep the string vibrating...**

**5 C 3rd FFcP** **Play 3 Xs**

**7 Db 4th FFcP** **Play 3 Xs**

**9 E 1st FFcP** **Play 3 Xs**

**11 F 2nd FFcP** **Play 3 Xs**

## Lydian DUDU

13 G 3rd FFcP Play 3 Xs

5-7-2-7-5-7-2-7-5-7-2-4-5-4-2-7-5-7-2-4-5-7-2-3-2-4-4-4-4-4-4-4

15 Ab 4th FFcP Play 3 Xs

6-1-3-1-6-1-3-1-6-1-3-5-6-5-3-1-6-1-3-5-6-1-3-4-3-5-5-5-5-5-5-5

17 Bb 1st FFcP Play 3 Xs

1-3-5-3-1-3-5-3-1-3-5-7-1-7-5-3-1-3-5-7-1-3-5-6-5-7-7-7-7-7-7-7

*Play each two to four times before moving on to the next key. Work on an even, smooth tone, especially between string crossings.*

- 1.) Keep the left hand fingers close to the fingerboard so as to connect each note. (This is a terrific stretching exercise!)
- 2.) Maintain a DUDU (Down-Up-Down-Up) stroke, relaxing the right hand wrist. (Clear, full wrist stroke yielding volume with no tension.)
- 3.) Remember where your scale degrees are; think 1, 2, 3, 2, 1, 2, 3, 2, etc. and "raised 4" in each position (Think of the pattern as a major scale with a raised 4th scale degree.)
- 4.) Practice it two ways: *straight* sixteenths, and *swing* sixteenths.
- 5.) Feel free to add the keys in between to the printed keys.
- 6.) Experiment with moving the FFcP up the fretboard.

*This is an excellent warm-up for RH wrist and LH fingers. Focus on creating maximum, full tone with crisp, bell-like snap of the pick, a full stroke of the wrist, and a sustained duration connecting every note.*